



Texas Tech
Physicians
of ABILENE

SAFE OVER-THE-COUNTER MEDICINES FOR PREGNANCY

1857 Pine Street, Suite 100
Abilene, Texas 79601
670-2678

Clinic Hours:
8 a.m. - 5 p.m.
Monday - Friday

Tylenol or Extra Strength Tylenol as directed

Congestions, cold symptoms, sinus syndrome

Sudafed after 1st 3 months

Chlortrimeton

Actifed after 1st 3 months

Benadryl

Sore Throat

Cepacol

Chloraseptic

Cough

Robitussin

Benylin

Indigestion / Heartburn

Maalox

Mylanta or Mylanta II

Rolaids or Tums

Diarrhea of 1 – 2 days only

Donnagel

Constipation

Fiber Con

Metamucil

Doxidan

Surfac



*For any fever over 100.6, please call the clinic at 670-2678.

**If symptoms persist after trying any of the above medicines, please call the clinic.