

TTUHSC 4th and Indiana	SOUTHWEST CANCER CENTER 602 Indiana (west side of UMC)
MEDICAL OFFICE PIAZA 3502 9th (east of UMC)	HEALTHPOINT 4004 82nd Street
SOUTHWEST Quaker Street and S. Loop 289	PAVILION 4th and Indiana

General Information743-INFO(4636)
Physician Referral 743-1998

PRIMARY CARE

Family Medicine
Family Medicine, Pavilion 743-2757
Family Physicians, Pavilion 743-1177

Internal Medicine
Pavilion 743-3150

Obstetrics/Gynecology
Pavilion 743-2340
Southwest, Healthpoint 796-8537
Center for Perinatal Medicine, Medical Office Plaza 761-0770
Grand Expectations 2602 Ave. Q 747-1780

Pediatrics
Pavilion 743-7337
Medical Office Plaza 743-1188

SPECIALTY CARE (requires a referral)

Dermatology (referral required for some insurance companies)
TTUHSC 743-1842

Internal Medicine
Cardiology, Pavilion 743-1501
Gastroenterology, Pavilion 743-3085
Hematology/Oncology, Cancer Center 775-8600
Infectious Diseases, Nephrology, Palmonology 743-3150
Rheumatology, Pavilion 743-3150
Urgent Care, Pavilion 743-3150

Neuropsychiatry
Neurology, TTUHSC 743-2391
Psychiatry, TIUHSC 743-2800

Obstetrics/Gynecology
Fertility and Reproductive Surgery, Medical Office Plaza 743-4256

Ophthalmology
TIUHSC 743-2020
Laser Institute, Southwest 743-7777
Southwest, 4505 82nd 798-7244

Orthopaedics
Children's Orthopaedic Center, TIUHSC 743-3038
Foot and Ankle Center, Pavilion 743-4263
Orthopaedic Center, Pavilion 743-4263
Southwest 743-7888

Pain Management
International Pain Institute, Southwest 743-7246

Pathology
Clinical Pathology, TIUHSC 743-2124
Anatomical Pathology, TTUHSC 743-2155

Pediatrics
Endocrinology, Genetics, Infectious Diseases, Nephrology, Pulmonary,
Obesity, Neurology, Developmental, High Risk, Pavilion 743-7337
Cardiology 743-1540
Hematology / Oncology 775-8600

Surgery
General, Pavilion 743-2373
ENT (ears, nose, throat), Pavilion 743-4115
Laparoscopic & Bariatric Surgery, Pavilion 743-4666

Urology
Medical Office Plaza 743-1810

1. ALWAYS KEEP THIS FORM WITH YOU. Then it will be available in case of an emergency.
2. Write down all of the medicines you are taking and list all of your allergies.
3. Take this form with you on all visits to your clinic, pharmacy, hospital, physician, or other providers.
4. WRITE DOWN ALL CHANGES MADE TO YOUR MEDICINES on this form. When you stop taking a certain medicine, write the date it was stopped. If help is needed, ask your doctor, nurse, pharmacist, or family member to help you keep it up-to-date.
5. In the "Notes" column, write down why you are taking the medicine (Examples: high blood pressure, high blood sugar, high cholesterol).
6. When you are discharged from the hospital, someone will talk with you about which medicines to take and which medicines to stop taking. Since many changes are often made after a hospital stay, a new list may be filled out. When you return to your doctor, take your list with you. This will keep everyone up-to-date on your medicines.

How does this form help you?

This form helps you and your family members remember all of the medicines you are taking. If appropriate, consider sharing your information with adult children.

It provides your doctors and other providers with a current list of ALL of your medicines. They need to know the herbals, vitamins, and over-the-counter medicines you take!

With this information, doctors and other providers can prevent potential health problems, triggered by how different medicines interact.



Texas Tech
Physicians
of LUBBOCK

My Medication List

Name: _____

Date of Birth: _____

Doctor(s) _____

Emergency Contact / Phone: _____

