FIBSER - Frequency and Intensity of Burden of Side Effects Rating

<u>INSTRUCTIONS:</u> Select the best response for the following three questions.

1. Choose the response that best describes the frequency (how often) of the side effects of the medication you have taken within the past week <u>for your depression</u>. Do not rate side effects if you believe they are due to treatments that you are taking for medical conditions other than depression. Rate the frequency of these side effects for the past week.

No side effects	Present 10% of the time	Present 25% of the time	Present 50% of the time	Present 75% of the time	Present 90% of the time	Present all of the time
0	1	2	3	4	5	6

2. Choose the response that best describes the intensity (how severe) of the side effects that you believe are due to the medication you have taken within the last week <u>for your depression</u>. Rate the intensity of the side effect(s), when they occurred, over the last week.

No side						
effects	Trivial	Mild	Moderate	Marked	Severe	Intolerable
0	1	2	3	4	5	6

3. Choose the response that best describes the degree to which <u>antidepressant medication</u> side effects that you have had over the last week have interfered with your day to day functions.

No	Minimal	Mild	Moderate	Marked	Severe	Unable to function
impairment	impairment	impairment	impairment	impairment	impairment	due to side effects
0	1	2	3	4	5	6

Scoring

Questions #1 and #2 (Frequency & Intensity respectively) are to provide information to the clinician, but THEY ARE NOT USED in the SCORING.

The score that is used comes only from Question #3 - Burden. The score is interpreted as follows:

- **0**, **1**, **2** = acceptable
- 3, 4 = require attention
- 5, 6 = unacceptable